



2015-2016 Swim Meet List and Commitment/Planning Form:

As part of our team, swimmers must participate in swim meets (even new members). In the past, meets have not been a requirement, but with the addition of non-competitive swim classes at SAC (Snohomish) and in Everett (Columbia Athletic Club and YMCA programs), there is no longer a need for SRST to offer recreational swimming as part of our programming.

We recommend one swim meet per month for people new to the sport. Note that meets cost extra money (as outlined in the fee section of this registration packet). Meets are typically broken into sessions with each age group having a one hour warm-up and competition lasting approximately 4 hours. The process for entering a meet is posted on our website in Team Info/Swim Meet Info. Specific meet info will be posted on our website as it is received from the host team. Parents must read meet info, log into SRST account and sign-up for each desired meet as sign-ups become available. Signing up for a meet online is a commitment to pay. Parents/swimmers may log in to their account any time up to the entry deadline and change the event selections (swimmers select their own events and coaches will provide guidance). **Very Important:** SRST entry deadlines will always be before the entry deadline stated in the meet info. As meets become available important details will always be emailed out to accounts in advance.

1. The **yellow highlighted** meets are for the whole team and represent the best meets for new swimmers.
2. **SWIMMERS MUST BE ENTERED IN AT LEAST 3 MEETS BEFORE APRIL AND 3 MEETS FROM APRIL TO END OF SEASON.**
Attending one day of a multi-day swim meet is acceptable. Ideally swimmers should enter one meet per month minimum.
3. Each family will provide their own transportation to/from swim meets.
4. The **green highlighted** meets are required (because we are the host team). Other meets not highlighted, require either special time standards or travel and are not for new swimmers. Swimmers may advance in ability as the season progresses. This may cause meets that were initially unavailable to become available. Coaches will help educate swimmers and families about advancing, time standards, meet eligibility, goal setting, etc.
5. The **purple highlighted** meet is our hosted meet in Federal Way. This is required for all AG1 & up families.
6. SRST membership is month-to-month. Families can leave the team at any time. If you know in advance that you are going to be leaving the team at a certain time, please indicate that approximate time here (this helps us for swim meet planning):

Estimated month we are going inactive (IF KNOWN): _____

Optional notes: _____



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Swimmer Name: _____

Name of Meet	Date	Location	Who	Attending? (Y or No)	Coaches Attending
October Challenge	Oct. 10-11, 2015	Kamiak HS, Mukilteo	Silver/Gold/AG1-2/Senior		
Thunderbolt Fall Open	Oct. 23-25, 2015	Beaverton, Oregon	All Team		
Bob Miller Classic	Nov. 7-8, 2015	Bainbridge	Silver/Gold/AG1-2/Senior		
AG Invite	Nov. 21-22, 2015	Kamiak HS, Mukilteo	Gold Time Standard		Kyle/Ben/Cody/Kaitlin
Fall Divisionals	Dec. 5-6, 2015	SAC (home)	Silver/Gold/AG1-2/Senior	YES	All Coaches
14 & Under PNS	Dec. 11-13, 2015	KCAC, Federal Way	PNS Time Standard		Ben/Cody/Ron
Senior Champs	Dec. 17-20, 2015	KCAC, Federal Way	PNS Time Standard		Ben/Kyle
January Challenge	Jan. 9-10, 2016	Juanita	Silver/Gold/AG1-2/Senior		All Coaches
Washington Open	Jan. 14-17, 2016	KCAC, Federal Way	WSO Time Standard		Ben/Kyle
Winter Challenge	Jan. 30-31, 2016	TBA	TBA		All Coaches
February Age Group Invite	Feb. 26-28, 2016	TBA	Gold Time Standard		Ron/Kyle/Ben/Cody
Age Group Regionals	March 10-13, 2016	KCAC, Federal Way	Regional Time Standards		Whoever has qualifiers
Finishing Touch Finale	March 5-6, 2016	Juanita	All Team		All Coaches
Speedo Senior Sectionals	March 17-20, 2016	KCAC, Federal Way	Senior Sectional Standards		Ben/Kyle
NCSA Age Group Champs	March 22-26, 2016	Orlando, Florida	NCSA Standards		Ben/Kyle
Spring Divisionals	March 25-26, 2016	KCAC, Federal Way	Silver/Gold/AG1-2/Senior		All Coaches
PICK AT LEAST THREE EVENTS ABOVE THIS LINE-----PICK AT LEAST THREE MEETS BELOW THIS LINE					
Marlin Madness	April 16-17, 2016	Marysville	Silver/Gold/AG1-2/Senior		All Coaches
Long Course Kickoff	April 22-24, 2016	KCAC, Federal Way	Silver Time Standard		All Coaches
Wave LC Bonanza	May 20-22, 2016	KCAC, Federal Way	Silver/Gold/AG1-2/Senior		All Coaches
Pacific Coast	June 25-26, 2016	KCAC, Federal Way	Silver/Gold/AG1-2/Senior		All Coaches
Olympic Trials	June 26-July 3, 2016	Omaha, NE	Olympic Trial Standards		Whoever has qualifiers
Summer Grand Challenge	July 16-17, 2016	KCAC, Federal Way	Silver/Gold/AG1-2/Senior		TBA
PNS Senior Champs	July 21-23, 2016	KCAC, Federal Way	PNS Time Standard		Whoever has qualifiers
PNS Age Group Champs	July 29-31, 2016	KCAC, Federal Way	PNS Time Standard		Whoever has qualifiers
Olympic Games	Aug. 5-21, 2016	Rio de Janeiro, Brazil	Qualify at Trials		Whoever has qualifiers
Grand PooBah	Aug. 6, 2016	Kirkland	Silver/Gold/AG1-2/Senior		TBA
USA Junior Nationals	Aug. 9-13, 2016	TBD	Jr. National Time Standards		Whoever has qualifiers